



What's In Season

Your weekly guide to what's fresh in Danforth East!



**SATURDAY
JUNE 26
12-12:30
ZOOM LINK AT
WWW.DECA.TO**



Our land acknowledgement:

East Lynn Park is on the treaty lands and territories of Mississaugas of the Credit, the Anishinaabe and the Haudenosaunee. By acknowledging the land we stand on, we are reminding ourselves of our human connection and responsibility to care for the land and its people. We reflect on the history of colonialism and its impact in our community and firmly commit ourselves to listen, learn and speak the truth on a path to reconciliation.

Action this week: Plan your alternative Canada Day. DECA is encouraging folks to engage with their neighbours (from a safe distance) through reflection and conversation around the pre-colonial and colonial history of what is now known as Canada and commit to taking a form of action.

Join DECA! Find out more about membership and volunteering at www.deca.to

tpl toronto public library

This week's kids' activity is brought to you by the Danforth Coxwell branch of TPL.

It's time for the TD Summer Reading Club! Kids can sign up at a branch or online, read anything they'd like, earn virtual badges, and join us online for book talks, workshops, author readings, a French Reading Challenge and more! For more details visit tpl.ca/readingclub.

Here's how to use the library branch right now:

Things may look a little different, but you can:

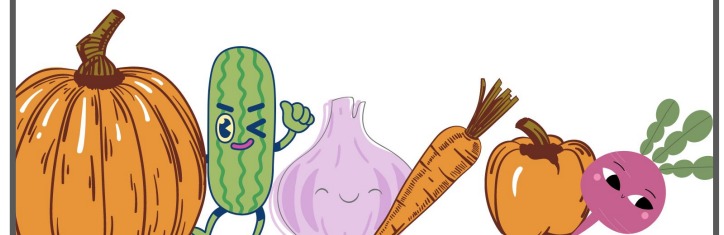
<p>use a computer</p>	<p>return library material</p>	<p>Unfortunately, at this time, you're unable to:</p> <p>work, study or browse materials</p>
<p>pick up holds (contactless)</p>	<p>print, copy and scan</p>	<p>register for a library card</p>
<p>use our washrooms</p>		

Eat a Rainbow!

Our bodies need a variety of nutrients if we are to grow big and strong. Eating vegetables of different colours helps ensure our bodies get everything we need to grow!

Look around the market. Can you find examples of fruit and vegetables in the following colours: Red, Orange, Yellow, Green, Blue and Purple, and White ?

Make a list or draw pictures of the fruits and vegetables you see on the back of this page. What colours did you find?



Red

Orange

Green

Blue and Purple

Yellow

White

Have *you* eaten a rainbow today?